Tips for Academic Success

Midterm Strategies for Success

REFLECT—Examine the factors that led to this situation.

Before you decide on how to act on the information you receive from your professors and advisor(s), take time to reflect on the factors that have contributed to your performance thus far and ask yourself the following questions:

- How much time should I be studying for each class? Am I currently doing that?
- How am I preparing for class? In what ways has my attendance in class impacted my performance?
- What study methods are the most effective means of learning the material?
- How am I managing my time in order to balance the needs of my classes with other responsibilities?
- What resources are available to supplement my individual efforts?
- In what ways does this class or area of study match my abilities and interests?

CONNECT—Speak with your professors, advisor(s), or Navigator about your situation.

These discussions can help you make informed decisions about how to proceed with a class. You may find the answers to one or several of the following questions to your benefit:

- How can I perform better on exams, quizzes, papers, homework assignments?
- Would tutoring or going to SI Sessions (if available) help?
- What is a reasonable expectation for recovery in the course?
- Can I use the Pass/No Pass Option on a course?
- Is withdrawing from the course the best choice for this semester?

EXPLORE—Use the resources available to you.

Resources available to you in order to improve your performance or reflect on your situation include:

- Student Advancement and Academic Resources (Sears Building, Room 340, 216-368-3478) – provides assistance with time management, study skills, tutoring, SI, spoken English, and more!
- Post-Graduate Planning and Experiential Education (Sears Building, Room 229, 216-368-4446) – offers individual counseling that can help you better define your interests and strengths, and clarify academic and career interests. Appointments can be found in Handshake.
- University Health & Counseling Services (Sears Building, Room 220, 216-368-5872) - provides counseling on test anxiety, concentration, procrastination, stress reduction, and a variety of personal issues. Walk-in appointments are available M-F from 8:30 a.m. to 4:30 p.m.
- UNIV 100: Essential Academic Strategies. This 5-week, P/NP, non-credit course is designed to help you build time management and study skills to achieve success. Begins Thursday, March 28th. Enroll in SIS.
- Don’t forget that your family, friends, and peers can also be a valuable resource for helping you with reflection and developing a plan for improvement.