Reflection Questions

Have participants focus on the following type of questions that focus on the What, So What, and Now What. For example...

What?
- What did I expect to get out of this experience?
- What did I observe during the experience?
- What about myself did I share with others?

So What?
- What impact did today’s visit have on me?
- What did I do that was effective and why? What did I do that was ineffective and why?
- What has surprised me about the agency, the people I work with, and myself?

Now What?
- Will I continue to stay involved within the community? Why or why not?
- How will working with this community agency contribute to social change?
- Will I continue to be of service?

Below are some additional questions to ask.
- Why do you do service? for self-interest or altruism?
- How were you different when you left the service location compared to when you entered?
- How did the people’s responses make you feel?
- How are you similar/different to the others (others in your service group? others seeking services? etc.)?
- If you were one of the people receiving services, what would you think of yourself?
- How was your service contributed to your growth in any of these areas: civic responsibility, political consciousness, professional development, spiritual fulfillment, social understanding, intellectual pursuit?
- How did this experience challenge your assumptions and stereotypes?
- Did you feel like a part of the community you were working in?
- What could this group do to address the problems we saw at the service site?
- How can society better deal with the problem?
- How can society be more compassionate/informed/involved regarding this community?
- What is the difference between generosity, charity, justice, and social change?