

## Culture of Care Assets

### ***I Have Value, All Have Value***

I appreciate my value. I appreciate the value in others. Caring does not require friendship, but it does require respecting the basic human need to feel valued.

<p><b><i>Identity</i></b>  <i>Values and characteristics of a community member that connect him/her to others while highlighting uniqueness.</i></p>	<p><b><i>Safety</i></b>  <i>Physical, psychological, and emotional safety in all situations</i></p>	<p><b><i>Positive Relationships</i></b>  <i>Intrapersonal and interpersonal relationships that equally add value and often elicit positive emotions.</i></p>	<p><b><i>Belonging</i></b>  <i>Welcoming behaviors that provide opportunities for ownership, creative input, and investment in a group.</i></p>
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### ***Care Begins With Me***

I balance my concern for personal well-being with my concern for the well-being of others. I show willingness to give and receive care.

<p><b><i>Boundaries</i></b>  <i>Clear personal limits about what is and is not acceptable physically, psychologically, emotionally, socially, and spiritually.</i></p>	<p><b><i>Risk Management</i></b>  <i>Considerations utilized when deciding whether or not to engage in physically, psychologically, or emotionally risky behaviors.</i></p>	<p><b><i>Goal-Setting</i></b>  <i>Articulation of goals that address physical, psychological, social, emotional, and spiritual well-being.</i></p>	<p><b><i>Humility</i></b>  <i>Comfort with and willingness to seek support and guidance when unable to manage a challenging situation alone.</i></p>
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<p><b><i>Balance</i></b>  <i>Commensurate attention to academic, professional, social, and organizational commitments in relation to well-being.</i></p>
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### ***My Intent Matters***

My choices are based on sincere, compassionate intentions. I welcome reciprocity but do not require it. My default mindset is to assume good intent in others' unless actions prove otherwise.

<b><i>Integrity</i></b> <i>Actions consistently aligned with beliefs and attitudes, always considering self as an integral part of something larger.</i>	<b><i>Positive Influence</i></b> <i>Intergenerational relationships that model integrity and authenticity.</i>	<b><i>Personal Vision</i></b> <i>Clarity in choice that ensures decisions are made not only on behalf of present self but on behalf of future self as well.</i>	<b><i>Understanding the Why</i></b> <i>Philosophical reasoning why each caring action is important.</i>
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### ***My Choices Affect Others***

My choices are powerful. Everything I do or don't do, say or don't say, adds or detracts value from another person or persons. I understand I choose my response in any situation but cannot control the response of others.

<b><i>Responsibility</i></b> <i>Acceptance of full responsibility for thoughts, feelings, words, and actions.</i>	<b><i>Awareness of Control</i></b> <i>Awareness that personal response is controllable, but response of others is uncontrollable.</i>
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### ***My Ability to Care Deepens Through Reflection and Practice***

I have an innate ability to care. I nourish this ability through explicit reflection and practice in order to match the diverse, complex nature of humanity. I identify and confront my personal beliefs and actions that devalue others as well as challenge what prevents me from practicing care in certain situations.

<b><i>Connectivity Practices</i></b> <i>Incorporation of empathy and trust into intrapersonal and interpersonal interactions.</i>	<b><i>Reflection</i></b> <i>Explicit time designated for celebrating successes, forgiving mistakes, assessing biases, and identifying opportunities for growth.</i>	<b><i>Feedback</i></b> <i>Specific, observable details about helpful or hindering behaviors that are received or shared in a respectful way.</i>	<b><i>Action</i></b> <i>Explicit action taken to deepen understanding of care.</i>
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### ***My Ritual Compels Me to Care***

I swore an oath to a higher purpose. My organization's public creed and values compel me to live my obligation by practicing care.

<b><i>Ritual Comprehension</i></b> <i>Articulation and application of key principles within one's private organizational Ritual.</i>	<b><i>Values Alignment</i></b> <i>Personal values aligned with organizational and community values.</i>	<b><i>Sense of Purpose</i></b> <i>Individual and collective sense of purpose deepened by Greek affiliation.</i>
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### ***Individual Truth Guides Complexity of Care***

I ask others to share their thoughts and experiences, and I accept their frame of reference as true for them. I also communicate my thoughts and feelings based on what is true for me. My truth will, at times, bump up against the truth of others; therefore, how I express and receive care does not look the same in all instances

<b><i>Curiosity</i></b> <i>Genuine desire to know or learn about yourself, others, and environments.</i>	<b><i>Justice and Fairness</i></b> <i>Care delivered based on what is just and fair for the individual and the broader community.</i>	<b><i>Inclusivity</i></b> <i>Intentional solicitation and appreciation of individual thoughts and experiences.</i>
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### ***Holding Others and Myself Accountable Communicates Genuine Care***

I maintain reasonable, consistent expectations for others and me. When those expectations are not met, I invite and accept my responsibility in restoring trust. As I hold others and me accountable, I consider just and fair consequences that intend to restore wholeness to all community members.

<b><i>Community Boundaries</i></b> <i>Involvement with rules and regulations guiding community conduct, complete with clear consequences for rule violation.</i>	<b><i>Expectations</i></b> <i>Reasonable, consistent expectations for community members and organizations.</i>	<b><i>Restorative Justice</i></b> <i>Accountability for actions and intention to restore wholeness to all impacted through fair, logical consequences.</i>
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