



Culture of Care Assets

I Have Value, All Have Value

I appreciate my value and the value in others. I ask others to share their thoughts and experiences, and I accept their frame of reference as true for them. I also communicate my thoughts and feelings based on what is true for me. My truth will, at times, bump up against the truth of others; therefore, how I express and receive care does not look the same in all instances. Caring does not require friendship, but it does require respecting the basic human need to feel valued.

<p><i>Identity</i> <i>Values and characteristics of a community member that connect him/her to others while highlighting uniqueness.</i></p>	<p><i>Safety</i> <i>Physical, psychological, and emotional safety and healthy risk-taking in all situations.</i></p>	<p><i>Healthy Relationships</i> <i>Peer and intergenerational relationships that equally value worth and often elicit positive emotions.</i></p>	<p><i>Belonging</i> <i>Welcoming behaviors that provide opportunities for ownership, creative input, and investment in a group.</i></p>	<p><i>Inclusivity</i> <i>Intentional solicitation and appreciation of individual thoughts and experiences.</i></p>
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Care Begins With Me

I balance my concern for personal well-being with my concern for the well-being of others. I show willingness to give and receive care. I am willing to challenge my perceived and actual limits, but I am also willing to accept failure as a growth opportunity.

<p><i>Personal Boundaries</i> <i>Clear personal limits about what is and is not acceptable physically, psychologically, emotionally, socially, and spiritually at any given time.</i></p>	<p><i>Goal-Setting</i> <i>Articulation of goals that address physical, psychological, social, emotional, and spiritual well-being.</i></p>	<p><i>Humility</i> <i>Awareness of limitations and willingness to seek support and guidance when unable to manage a challenging situation alone.</i></p>	<p><i>Balance</i> <i>Appropriate attention to academic, professional, social, and organizational commitments in relation to well-being.</i></p>	<p><i>Self-Compassion</i> <i>Kindness, understanding, and recognition of shared humanity when confronted with personal failings.</i></p>
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My Intent Matters

My choices are based on sincere, compassionate intentions. I welcome reciprocity but do not require it. My default mindset is to assume good intent in others’ unless actions prove otherwise.

<p><i>Integrity</i> <i>Actions consistently aligned with beliefs/attitudes in a virtuous way, even when circumstances are challenging.</i></p>	<p><i>Personal Vision</i> <i>Clarity in choice that ensures decisions are made not only on behalf of present self but on behalf of future self as well.</i></p>	<p><i>Understanding the Why</i> <i>Philosophical reasoning why each caring action is important.</i></p>
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My Choices Affect Others

My choices are powerful. Everything I do or don’t do, say or don’t say, adds or detracts value from another person or persons. I understand I choose my response in any situation but cannot control the response of others.

<p><i>Responsibility</i> <i>Acceptance of full responsibility for thoughts, feelings, words, and actions.</i></p>	<p><i>Awareness of Control</i> <i>Awareness that personal response is controllable, but response of others is uncontrollable.</i></p>	<p><i>Humanization</i> <i>Mindfulness of how human feeling, potential, and worth that must accompany all decisions.</i></p>
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My Ability to Care Deepens Through Reflection and Practice

I nourish an innate ability to care through explicit reflection and practice in order to match the diverse, complex nature of humanity. I identify and confront my personal beliefs and actions that devalue others as well as challenge what prevents me from practicing care in certain situations. Doing so requires vulnerability with others and self.

<p><i>Reflection</i> <i>Explicit time designated for celebrating successes, forgiving mistakes, assessing biases, and identifying opportunities for growth.</i></p>	<p><i>Feedback</i> <i>Specific, observable details about helpful or hindering behaviors that are received or shared in a respectful way.</i></p>	<p><i>Curiosity</i> <i>Genuine desire to know or learn about yourself, others, and environments.</i></p>	<p><i>Vulnerability</i> <i>Healthy disclosure, openness, and/or emotional honesty with the intent of establishing trust and empathic connection.</i></p>
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My Ritual Compels Me to Care

I swore an oath to a higher purpose. My organization’s public creed and values compel me to live my obligation by practicing care.

<p><i>Ritual Comprehension</i> <i>Articulation and application of key principles within one’s private organizational Ritual.</i></p>	<p><i>Values Alignment</i> <i>Personal values aligned with organizational and community values.</i></p>	<p><i>Sense of Purpose</i> <i>Individual and collective sense of purpose deepened by Greek affiliation.</i></p>
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Holding Others and Myself Accountable Communicates Genuine Care

I maintain reasonable, consistent expectations for others and me. When those expectations are not met, I invite and accept my responsibility in restoring trust. As I hold others and me accountable, I consider just and fair consequences that intend to restore wholeness to all community members.

<p><i>Community Expectations</i> <i>Involvement with rules and regulations guiding community conduct, complete with clear consequences for rule violation.</i></p>	<p><i>Restorative Justice</i> <i>A fair process of accountability that is based in relationships. Restorative justice helps individuals understand how their actions impact others and works with those affected to help restore wholeness to all those involved.</i></p>	<p><i>Justice and Fairness</i> <i>Care delivered based on what is just and fair for the individual and the broader community.</i></p>
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