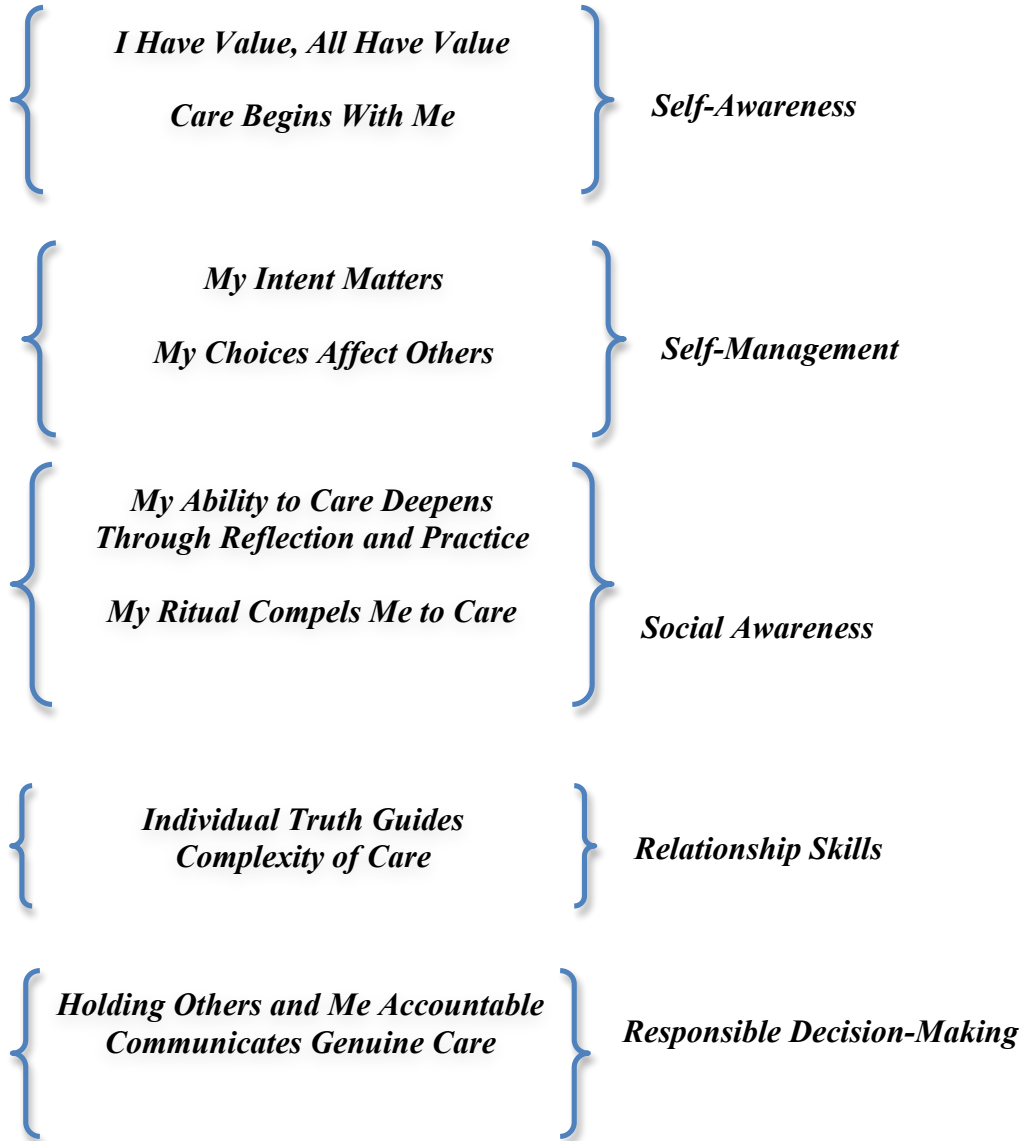




## Core Tenets





## Core Tenets Explained

### ***I Have Value, All Have Value***

I appreciate my value. I appreciate the value in others. Caring does not require friendship, but it does require respecting the basic human need to feel valued.

### ***Care Begins With Me***

I balance my concern for personal well-being with my concern for the well-being of others. I show willingness to give and receive care.

### ***My Intent Matters***

My choices are based on sincere, compassionate intentions. I welcome reciprocity but do not require it. My default mindset is to assume good intent in others' unless actions prove otherwise.

### ***My Choices Affect Others***

My choices are powerful. Everything I do or don't do, say or don't say, adds or detracts value from another person or persons. I understand I choose my response in any situation but cannot control the response of others.

### ***My Ability to Care Deepens Through Reflection and Practice***

I have an innate ability to care. I nourish this ability through explicit reflection and practice in order to match the diverse, complex nature of humanity. I identify and confront my personal beliefs and actions that devalue others as well as challenge what prevents me from practicing care in certain situations.

### ***My Ritual Compels Me to Care***

I swore an oath to a higher purpose. My organization's public creed and values compel me to live my obligation by practicing care.

### ***Individual Truth Guides Complexity of Care***

I ask others to share their thoughts and experiences, and I accept their frame of reference as true for them. I also communicate my thoughts and feelings based on what is true for me. My truth will, at times, bump up against the truth of others; therefore, how I express and receive care does not look the same in all instances.

### ***Holding Others and Me Accountable Communicates Genuine Care***

I maintain reasonable, consistent expectations for others and me. When those expectations are not met, I invite and accept my responsibility in restoring trust. As I hold others and me accountable, I consider just and fair consequences that intend to restore wholeness to all community members.