Welcome to University Health & Counseling Services (UH&CS)

UH&CS providers value a collaborative, holistic approach to treating the mind and body and working together to provide you with the best overall care. Our interdisciplinary team includes many types of healthcare professionals, including: counselors, dietitians, medical assistants, nurses, physicians, psychiatrists, psychologists, social workers and (for our varsity athletes only) athletic trainers.

Confidentiality

UH&CS operates within professional ethical guidelines and applicable federal and state laws which protect the privacy of your health and counseling records. Please be assured that your medical and counseling care records at UH&CS are confidential and maintained in files completely separate from your academic records. UH&CS staff will not disclose information to any party within or outside the university (e.g., faculty, parents, future employers, insurance companies) without your written permission.

If you are a varsity athlete, trainers from the Department of Athletics have limited access to your basic health records, which may include such information as: medications, immunizations, hospitalizations and behavioral healthcare interventions.

Exceptions to Privacy and Confidentiality

There are some important exceptions to confidentiality. These exceptions include: instances of imminent risk of harm to yourself or to another person(s); when you require immediate hospitalization; or when we are compelled by law or a court ruling to disclose information. When emergency disclosure is necessary based on one of these exceptions, UH&CS staff may share pertinent information with university officials, family members, other health care providers, or other individuals or agencies in order to mitigate the existing danger.

For students under the age of 18, please refer to our Notice of Privacy Practices (for minors) statement for more detail about how we handle your confidential information.

If you have questions about our care model, feel free to discuss them with your UH&CS provider. Your provider can address your concerns and provide options and additional resources for treatment.